

The Kreative Life

BULK FOOD Tracker

Track your bulk purchases, stay organized, and save money!



DATE OF PURCHASE: _____ STORE: _____

ITEM	QUANTITY (SIZE)	PRICE PAID	UNIT PRICE (PER OZ / LB)	BEST BY / EXPIRATION DATE	NOTES / LOCATION

QUICK SUMMARY

Total Items Purchased: _____

Total Spent: $_____

Average Unit Price: $_____

Money Saved (vs. smaller sizes): $_____

NOTES

REORDER CHECKLIST

Items running low:

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

STORAGE TIPS

- Store in airtight containers to keep food fresh.
- Keep in a cool, dry place away from direct sunlight.
- Label containers with the purchase date.
- Use FIFO method: First In, First Out.
- Check regularly for freshness and pests.



WHY BUY IN BULK?

Buying foods that are cheaper to buy in bulk can help you save money over time, reduce packaging waste, and keep your pantry stocked with essentials.



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BULK PRICE *Comparison*



Compare prices, calculate the cost per unit, and choose the best buy!

ITEM	STORE	PACKAGE SIZE	TOTAL PRICE	COST PER UNIT (PER OZ / LB / EA / ETC.)	SMALLER PACKAGE PRICE	BETTER BUY? (BULK / SMALLER / SAME PRICE)

HOW TO CALCULATE

Use this simple formula to find the cost per unit:

$$\text{COST PER UNIT} = \frac{\text{TOTAL PRICE}}{\text{WEIGHT (OR QUANTITY)}}$$

EXAMPLE:

40 oz bag of Rice
Total Price: $8.00 $\longrightarrow$ $\frac{\$8.00}{40\text{ oz}} = \$0.20$ per oz

MONEY-SAVING TIP

Always compare the cost per unit—not just the package price. A larger package isn't always the better deal!

COMPARISON NOTES

BEFORE YOU BUY, ASK YOURSELF:

- Will we use it before the expiration date?
- Do I have space to store it properly?
- Does the cost per unit actually save me money?

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BULK PANTRY *Inventory*

Know what you have, reduce waste, and restock with confidence!



ITEM	QUANTITY ON HAND	STORAGE LOCATION	PURCHASE DATE	BEST BY DATE	REORDER AT (MINIMUM QTY)	CURRENT STOCK

PANTRY SNAPSHOT

TOTAL PANTRY ITEMS	NEED TO RESTOCK	THIS MONTH'S BUDGET	ITEMS EXPIRING THIS MONTH
_____	_____	$ _____	_____

NOTES

REORDER REMINDERS

- [ ] Check quantities regularly.
- [ ] Restock before items run out.
- [ ] Use the "First In, First Out" method.
- [ ] Review best by dates monthly.
- [ ] Update inventory after each bulk purchase.



QUICK TIP

Keep your pantry organized by storing similar items together and labeling containers clearly. A well-organized pantry saves time, money, and reduces food waste!

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