



FREE DOWNLOAD

— The *Kreative* Life — 

HOME APPLIANCE

= *Cleaning Quick Guide* =



WHY THIS GUIDE MATTERS

Regular appliance maintenance can help improve efficiency, extend the life of expensive appliances, reduce odors, and prevent unnecessary repairs. Use this quick guide as an easy reference throughout the year to stay on top of your home's most important cleaning tasks.



MONTHLY



Coffee Maker



Washing Machine



Garbage Disposal



Dishwasher Gasket



EVERY 2-3 MONTHS



Refrigerator Interior



HVAC Air Filter



Oven Vent / Range Hood



EVERY 6 MONTHS



Oven



Refrigerator Coils



Window Air Conditioner



HVAC Registers & Vents



ONCE A YEAR



Water Heater



Baseboards



Under Refrigerator



Under Stove



TIP:

Consistency is key! A little maintenance now can save you time, money, and stress later.



Keep this guide somewhere handy and refer to it throughout the year to keep your home *running smoothly!*



HOME APPLIANCE

Cleaning Quick Guide

APPLIANCE CLEANING CHEAT SHEET

APPLIANCE	CLEAN EVERY	WHY IT MATTERS
 Coffee Maker	 Monthly	Removes mineral buildup for better tasting coffee and prevents clogs.
 Washing Machine	 Monthly	Prevents mold, mildew, and odors while keeping your clothes fresher.
 Garbage Disposal	 Monthly	Helps eliminate odors and keeps your disposal running efficiently.
 Dishwasher Gasket	 Monthly	Prevents buildup of food and grime that can cause leaks and odors.
 Refrigerator Interior	 Every 2-3 Months	Keeps food safe by reducing bacteria and unpleasant odors.
 HVAC Air Filter	 Every 2-3 Months	Improves air quality and system efficiency. Replace sooner if you have pets.
 Oven Vent / Range Hood	 Every 2-3 Months	Removes grease buildup that can affect performance and air quality.
 Oven	 Every 6 Months	Removes baked-on grease and buildup for better performance and safety.
 Refrigerator Coils	 Every 6 Months	Improves efficiency and helps extend the life of your refrigerator.
 Window Air Conditioner	 Every 6 Months	Keeps your unit running efficiently and prevents mold and mildew.
 HVAC Registers & Vents	 Every 6 Months	Improves airflow and indoor air quality by reducing dust and allergens.
 Water Heater	 Once a Year	Removes sediment buildup to improve efficiency and extend the life of the unit.
 Baseboards	 Once a Year	Reduces dust buildup and helps keep your home clean and allergen-free.
 Under Refrigerator	 Once a Year	Removes dust and debris that can affect efficiency and cause odors.
 Under Stove	 Once a Year	Removes grease and crumbs to keep your kitchen clean and pest-free.



QUICK TIP:

A little routine maintenance today can prevent big, expensive repairs tomorrow. Your future self will thank you!

